**Self-assessment**

**Please attach completed form.**

Student’s Name- ………………………………………………..

1. What three words best describe you?
2. What are your personal strengths?
3. What are the qualities that set you apart from others?
4. What are your present career goals? What made you decide on this path?
5. What two things would you want a BOC or the college to know about you that they would not learn from your application? Give specific examples.
6. What would you describe as your most rewarding experience during high school?
7. Describe the rigor of your academic studies (how did you challenge yourself).

**Activities**

1. Extracurricular Activities/Sports. (include any positions of leadership)

|  |  |  |
| --- | --- | --- |
| Activity | Offices Held | Grade in school |
|  |  |  |
|  |  |  |
|  |  |  |
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|  |  |  |
|  |  |  |

1. Community and civic activities (other than those of school)

|  |  |  |
| --- | --- | --- |
| Group | Dates | Offices held |
|  |  |  |
|  |  |  |
|  |  |  |

1. Among the activities which has been the most significant or important to you and why?
2. How do you spend your leisure time?
3. What people like about me?
4. What is important to me?
5. Best to support me.