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DRUK THIMPHU BOXING CLUB

Date:

Guide lines for Training

- Each and every foundation has their own rules and regulation to give their best facility, DTBC also have its own guide lines to give a good training about boxing.

About the Training Fee

It is just like a contribution for club to give you best facilities and to buy the equipments for club.

- Registration Fee : Nu. 200 /-
- Training Fee : 1000/- per month (for the youth age 12 to 21)
- Training Fee : Nu. 1500/- per month (for general Public)
- It is not refund once you registered with club

Training for the first two month

1. Physical training
2. Boxing Basic training

About the Trainer (coach)

- Sigyel Phub (an Ex-Boxer from Royal Bhutan Army and who qualified boxer in World Championship).