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BHUTAN OLYMPIC COMMITTEE **GENERAL CODE OF CONDUCT FOR NATIONAL ATHLETES**

1. Purpose

This Code sets the standard of behavior expected of all athletes representing Bhutan under the Bhutan Olympic Committee (BOC) in national and international events, training camps, and official engagements. It must reflect the values of excellence, discipline, respect, and unity.

2. Core Principles

All athletes must:

- **Represent Bhutan with the utmost honor and integrity** at all times.
 - **Demonstrate respect** toward teammates, opponents, officials, and support staff.
 - **Strive for excellence** in training, competition, and conduct.
 - **Uphold fair play**, non-violence, and Olympic values.
 - **Be responsible role models** for younger athletes and the sporting community.
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3. Athlete Responsibilities

3.1 Conduct & Representation

- Act in a manner that reflects positively on Bhutan, the BOC, and their sport.
- Avoid any conduct that may bring disrepute to themselves, their team, or the country.
- Refrain from being convicted of, or charged with, any serious offence involving violence, alcohol or drugs, any sex-related offence, any offence relating to betting on sport, or any offence punishable by law.
- Be punctual, well-prepared, and appropriately presented for all official activities.
- Wear the official national team attire issued by the BOC at all times while representing Bhutan at the Games or during training camps.

3.2 Training & Competition

- Prepare, train and compete to the best of your ability, unless medically unfit.
- Follow instructions from coaches and team officials respectfully.
- Be familiar with competition schedules and arrive at venues on time.

3.3 Substance Use & Doping

- Strictly comply with all anti-doping rules as outlined by WADA and BADC.
- Do not use prohibited substances or medications without medical clearance.
- Refrain from consuming alcohol or smoking during training camps and competitions.

3.4 Social Media & Public Conduct

- Use social media responsibly; avoid posts that are offensive, misleading, discriminatory or damaging.
 - Do not comment publicly on team matters without authorization.
 - Respect the privacy and dignity of teammates, officials, and others.
 - Ensure that personal endorsements, sponsorships, and content align with BOC values and are not in conflict with national team sponsors or partners.
 - Do not post content that promotes the use of tobacco, alcohol, recreational drugs, or any banned substances.
 - Seek guidance from BOC officials before participating in interviews or issuing public statements during major events and training camps.
 - Comply with the BOC Social Media Guidelines.
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4. Team Conduct During Games or Camps

- Stay in designated accommodation and observe curfews set by team management.
 - Inform your team manager or coach if you have to leave the accommodation.
 - Refrain from bringing non-accredited persons into restricted areas.
 - Maintain cleanliness and respect shared spaces and local customs.
 - Display sportsmanship, both on and off the field.
 - Athletes shall comply with Rule 41 of the Olympic Charter
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5. Safety and Security

- Follow all safety protocols as advised by the BOC, team officials, or event organizers.
 - Be vigilant with personal belongings and comply with travel and baggage guidelines.
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6. Discipline & Misconduct

- Any breach of this Code will be reviewed by the BOC technical committee for onward submission to the BOC Management.

- Sanctions may include verbal/written warnings, suspension, withdrawal from events, or removal from the national program.
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Acknowledgement

I, the undersigned, have read and understood the BOC Athlete Code of Conduct. I agree to abide by the principles and expectations outlined herein.

Name of Athlete: _____

NSF: _____

Signature: _____

Date: _____

National Coach: _____

General Secretary: _____

NSF: _____

BOC Representative: _____