

THE DRAGONS FURY 70km

“Mindful biking”

5th Edition: Commemorating His Majesty the 4th King’s 70th Birth Anniversary
A BOC AND Wangduphodrang Dzongkha

RACE INFORMATION

1. **Race Title.** The Wangdue Dzongkhag in collaboration with the Bhutan Olympic Committee (BOC) and the Department of Tourism is organizing the “Dragons Fury” 70km cycling race on the 17th Of October 2026, to ***commemorate the Sha Festival*** with the theme ***“Taste of sha “*** and for the **DragonFury** theme ***“Ride and Taste***

2. **Date and Time.** The race will be conducted on **Saturday 17th of October 2026** and will be flagged off at **8:00am from Changlimithang in Thimphu.**

3. **Route: Changlimithang Parking (Thimphu) to Bajo Town (Wangdu)**

Fig 1: Overall route and Aid stations

Aid Stations:

AID Station 1: Chang Gewog Office

AID Station 2: Yusipang

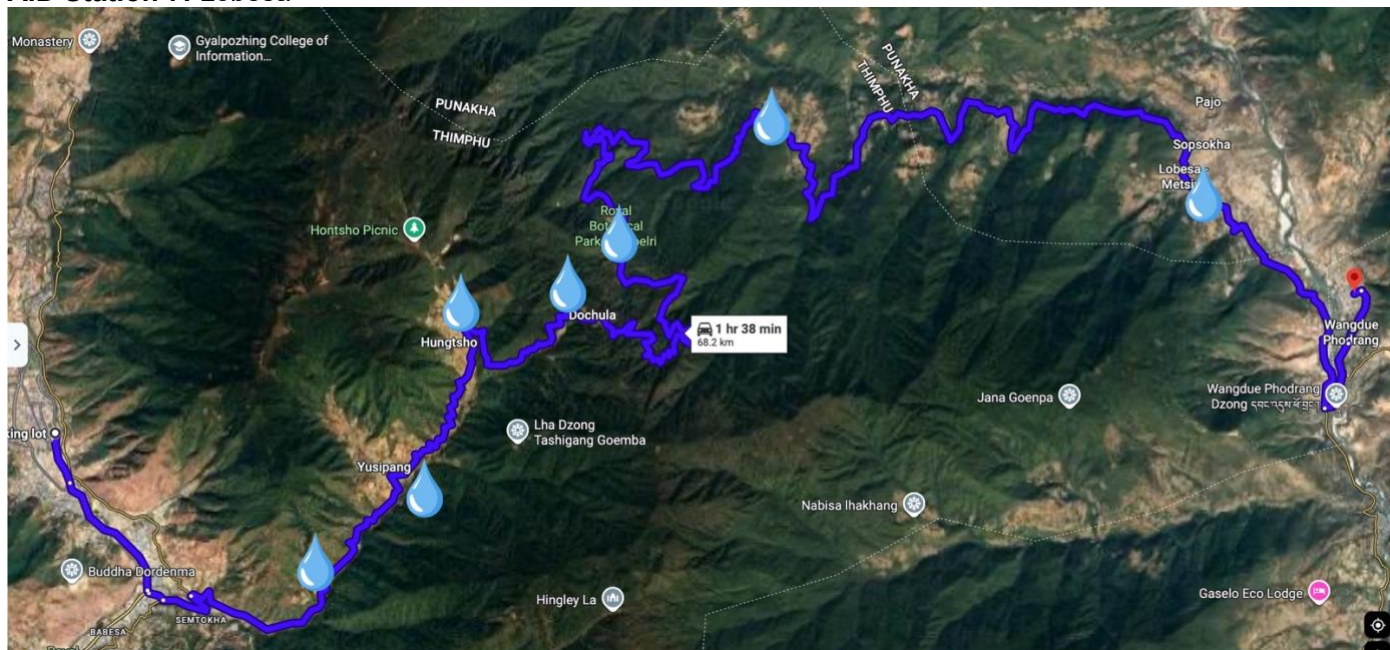
AID Station 3: Hongtsho

AID Station 4: Dochula

AID Station 5: Lamperi

AID Station 6: Menchuna

AID Station 7: Lobesa



4. **Race Categories and Awards.** The race will have a Men’s Open and Women’s Open category:

(a) 70km (Open).

- 1st Male and Female: Nu. 35,000/- (Each)
- 2nd Male and Female: Nu. 30,000/- (Each)
- 3rd Male and Female: Nu. 35,000/- (Each)
- 4th Male and Female: Nu. 20,000/- (Each)
- 5th Male and Female: Nu. 15,000/- (Each)

***NOTE*: Along with prize money cycle for the top 3 riders will also be provided.**

Special awards will be given to the following [must cross the cut-off time at Dochula]:

- i) Men’s Oldest and Youngest to complete the 70 km race: Nu. 7,000/- (each)

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- ii) Women's Oldest and Youngest to complete the 70 km race: Nu. 7,000/- (each)

Riders of ages from 12 years to 17 years old (both boys and girls) will be juniors [are allowed to participate with the legal consent from their parents/guardian]

Riders of age 50 years and above as of the 17th of October 2026 (both male and female) will be masters.

5. **Prizes.** Separate prizes for winners will be awarded as mentioned in point number 4a. Each participant who successfully completes the race would also be given a 'Certificate of Participation' and a Medal.
6. **Registration.** The registration fee for the 70 kms race is Nu. 2000/- and for tourist \$100. All cyclists participating in the race must register online at: <https://forms.gle/YLNA5XNYHfTz1WPCA>
7. Or fill in all the details in the registration form which will be available at the office of the BOC and Wangdu Dzongkhag. The last date for registration is the **9 of October 2026**. Riders briefing and documentation will be conducted jointly by the Dzongkhag & BOC officials on **Friday, 16th of October 2026 at Changlimithang Parking from 2:00 PM onwards.**
8. **Cycling Equipment.**
- (a) **Mountain Bicycle-** Mountain bicycle with flat handlebars and **1.9" minimum tire width.** Wheel size of 26", 27.5", or 29" are all allowed.
 - (b) **Road/Gravel bicycles with drop bars/road bars ARE allowed to participate but will NOT be eligible for prizes. This is promotional for future races.** Road bicycle wheel size should be 700c (622mm diameter) of any width that is safe for the frame. 30mm minimum width recommended
 - (c) **Helmet.** All participants must have a helmet with a proper chin strap. Wearing a rigid safety helmet shall be mandatory during competition.
 - (d) **Back-up kit.** All participants are advised to carry a backup/repair kit and an inflation pump.
9. **Conduct of the Riders.** Riders are expected to follow the guidelines attached.
10. **Transportation.** Personal vehicles are **NOT** allowed to assist on the course of the race. If found, then the concerned participant (he/she) shall be disqualified on the spot.
11. **Support on Route.**
- (a) Water stations and Course Marshals will be available at all checkpoints and Turning points as given in Paragraph 3 above.
 - (b) Mobile ambulances and an emergency medical backup would be available during the duration of the race enroute.
 - (c) Traffic police & RSTA will monitor & control traffic.
 - (d) It is recommended that all the participants carry their own water for convenience
12. **Support Off-Route.** Refreshments at the start and finish points will be provided in addition to the AID stations.
13. **Race Start Time.** Riders shall report at the Start Point by 7:00 AM for bike inspection. **The Men's Race will be flagged off first followed by the Women's race separated by 2 minutes.** The race will start in a staggered manner with a total of 15-20 riders per row (provided space is enough) and rest in the following rows as per your registration no:

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- (a) 70 km race participants report at 7:00 AM.
- (b) Flag off at 8:00am

14. **Cut Off Time.** The Cut Off time for eligibility for prizes will be 5 hours from the ‘**FLAGGING OFF TIME at Menchuna**’ and riders who are enroute after the cut-off time will be picked up by the sweeping team following behind. However, any rider who wishes to ride after this time may do so under his/her own arrangement. The organizers shall not be responsible for any inconveniences caused after the cut-off time.

15. **Prize Distribution.** Prize Distribution Ceremony will be organized at the finish Point i.e. **at the clock tower from 12:00am.** onwards on the same day i.e. 17th October 2026. All riders are requested to be seated in the earmarked enclosure till the completion of the prize distribution ceremony.

16. **Race Coordinators Contacts.** Following persons may be contacted for obtaining more information/clarifications: -

- (a) Mr Sherab Dorji, Dzongkhag Coordinator +975 17626524
- (b) Ms Pelden Lhamo, Dzongkhag Coordinator +975 17332368
- (c) Mr Kesang Phuntsho Tshering, BOC Event Coordinator +975 7726162
- (d) Mr Ugyen Dorji, BOC Media +975 17913829.

RACE GUIDELINES

1. **General Guidelines.** “The Dragons Fury” Mountain Bike Challenge 2026 covering a distance of 70 km being organized under the aegis of BOC (Tour of the Dragon) and Wangduphodraong Dzongkhag shall be conducted on route Wangdu-Punakha-Thimphu.

- (a) Briefing and allotment of chest numbers will be conducted by Dzongkhag/BOC officials from 2:00 PM to 5:00 PM on the 16th of October 2026 at the Changlimithang Parking, Thimphu.
- (b) All participants will have to report at the Start Point by 7:00 AM on the 17th of October 2026 for final verification and bike check.
- (c) Participants are requested to produce the ID in original for final verification.
- (d) No rider may be on the course during the race if he/she has not registered for the race unless approved by the organizing committee. No other person, without any official responsibility or without the approval of the organizing committee may be on the course.
- (e) Flag Off of the race will be at 8:00 AM for 70 km race participants.
- (f) Starting position will be determined by the registration number.
- (g) Refreshments will be provided at the start point, finish point and at earmarked aid stations/turning points.
- (h) Participants are liable to be tested for doping/ banned substances, and must compulsorily provide urine samples when asked, at either or both the start or finish points. A participant whose test result is positive would be required to return any prizes won in the event.

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- (i) Participants are advised to bring basic repair kits and extra tubes. The organizer shall not be responsible for any loss of time due to technical problems.
- (j) Participants will use their own bicycles and all other equipment that the participants feel necessary, and organizers will not be responsible in any manner whatsoever for such provisions. Organizers will not be held responsible should such equipment and provisions hinder their participation and efficiency in the race.
- (k) Participants must finish the race using only one bike. Changing bikes is not allowed.
- (l) All the participants must cross the checkpoint enroute (at random stations) and Marshalls along the route to monitor.
- (m) Medical backup/assistance will be available at the Check Points/Aid stations and at the Finish Point also will follow the participants for any emergency.
- (n) Participants shall cross the Dochula Check post by 1:00pm, if not they will be picked up by the sweeping team. If the participant wishes to continue, it is at his/her own risk.
- (o) All participants, after completion of the race, are expected to be seated in the enclosure earmarked till the end of the Prize Distribution Ceremony.

2. **Conduct of Riders.** Any misconduct on part of any rider, in breach of any of the guidelines given below, will result in disqualification of the individual from the race as may be decided by the Organizing Committee. The decision of the Organizing Committee will be final and binding.

- (a) All riders must wear their helmets during the race while they are riding their bicycles. The chin strip must be fastened before the participant first mounts the bicycle, at all times when the participant is on the bicycle and must not be unfastened until the participant has dismounted.
- (b) All riders must at all times respect the existing road traffic rules and regulations.
- (c) All riders shall demonstrate proper sporting spirit and shall, in whatsoever capacity, participate in the race in a fair and sporting manner.
- (d) No rider shall be disrespectful toward the organizers, officials, other riders or spectators. No rider shall use foul or abusive language or conduct during the race event.
- (e) Carrying and using glass containers are forbidden during the race.
- (f) All riders must allow any faster rider to overtake without obstructing such a rider.
- (g) Participants are requested to not throw their disposal en-route the race.
- (h) All riders must respect the environment and must make sure that they do not pollute the course venue.
- (i) All riders may render each other such minor services as lending or exchanging food, drink, spanners or accessories. The lending or exchanging of bicycles is not acceptable.
- (j) All Riders shall ride with utmost caution. They shall be held responsible for any accidents that they may cause.
- (k) No rider including, but not limited to, race officials and marshals shall consume alcoholic beverages or any other intoxicants while the race is in progress and any such person who appears

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to be under the influence of alcohol or other intoxicants shall be promptly relieved of responsibilities/disqualified.

3. **Punishable Offences.** The following offences shall be punishable by disqualification in the current race and suspension from participation in future events being organized by BOC/Dzongkhag or as decided by the organizing committee. The decision of the Organizing Committee will be final and binding:

- (a) The pushing of one rider by another or any sort of physical aggression toward another rider.
- (b) Intentionally making abrupt motions to interfere with the forward progress of another rider. All riders must permit any following or faster rider to overtake without obstructing such a rider.
- (c) No acts of unsportsmanlike conduct in conjunction with the event will be allowed.
- (d) Entering the competition under an assumed name or falsifying documentation at the time of registration.
- (e) Assaulting or committing a violent injury on the other rider or official.
- (f) Pushing or pulling other riders. No rider may hold back or pull an opponent by any part of his/her clothing, equipment or body.
- (g) Behavior dangerous to the rider or other competitors.
- (h) Holding on to a motor vehicle.
- (i) Failing to ride the entire course, by taking a shortcut, riding in a motor vehicle, or by other means.
- (j) Pulling or pushing another rider or another rider's equipment during a sprint.
- (k) Fraud or attempted fraud during the race.

4. **Results:** The results of each rider and their location will be displayed at the finish point. It will also be uploaded on the websites along with pictures at the end of the day.